



THE BEST

HEALTHY & BEAUTY

**THE BEST
DEALS
FOR BEAUTY
AND HEALTH**

FROM THE FLAGSHIPS
**OF LIPETSK
HEALTHCARE**

LIPETSK REGION – A WORTHY CHOICE!

TRAVEL-trend:
TRAVEL FOR HEALTH



FOR A NON BANAL VACATION SCENARIO OR WEEKEND GUIDELINE.

Special experience - to improve and rejuvenate the body, having undergone a course of medical procedures using
WORLD-FAMOUS WATER FROM LOCAL WELLS.

And the medicinal water is poured here ABSOLUTELY FREE OF CHARGE and you can check its healing properties at
the source in the very center of the city - the old Lower Park - one of the iconic places,
popular among tourists and locals.

FIVE OBVIOUS FACTS AS ARGUMENTS FOR:



1 CONVENIENT GEOGRAPHICAL LOCATION

Lipetsk region is conveniently located in the center of the European part of Russia, at the intersection of the most important highways connecting the capital of the Russian Federation with its southern territories and the North Caucasus, and the western regions with the Volga region, which ensures its transport accessibility and creates optimal conditions for tourism, treatment, recreation, sport fishing and hunting.



LIPETSK MINERAL SPRINGS HAVE
BEEN KNOWN SINCE THE BEGINNING
OF THE XVIII CENTURY



2 HISTORICAL TRADITIONS OF BALNEOTHERAPY AND MUD THERAPY

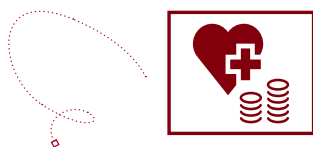
Lipetsk mineral springs have been known from the beginning of the XVIII century, and in the first half of the XIX century "Lipetsk waters" resort successfully competed with the famous European "Baden-Baden". Local natural mineral water is characterized by a high content of iron, calcium, magnesium and other minerals and trace elements. Due to the complex of its thermal, chemical, mechanical, biological and electrophysical properties, therapeutic peat mud activates all the main processes in the human body: blood circulation, respiration, metabolism.



3

HIGH LEVEL OF TECHNICAL EQUIPMENT OF MEDICAL INSTITUTIONS

Flagship medical institutions of the region are equipped with computerized and robotic equipment of various functional purposes, corresponding to world standards. A staff of trained and certified specialists of various profiles is ready to provide high-tech assistance at any level of complexity to residents and guests of the region.



4

OPTIMAL RATIO OF COST AND QUALITY OF MEDICAL SERVICES

The cost of medical services is adapted to the general price level in the region. In practice, this means that the patient receives qualified medical care using functional equipment of the same class as in the clinics at the federal level, based on drugs recommended by the standards of treatment and accepted in world practice, at a much lower price.



5

RICH HISTORICAL AND CULTURAL HERITAGE OF THE REGION

On the territory of the region, 3144 objects of cultural heritage are registered, 577 of them are under state protection, including 42, as the sites of federal significance. This is a unique opportunity to combine treatment with an observation of the amazingly beautiful corners of nature and architectural monuments of the past, to feel the incredible positive energy and power of such places, to heal not only the body, but the soul as well.





GALICHYA GORA

In the very center of the Lipetsk region, on the right bank of the Don, there is the famous Galichya Gora, a unique natural site of Central Russia. The area has long been known for the diversity of its flora and fauna, the mysterious origin of many species of relict plants, more characteristic as of the Crimea, the Caucasus, the Altai. Today, Galichya Gora reserve unites the most valuable natural sites of the Upper Don.



MONUMENT TO EMPEROR PETER THE GREAT

The object of cultural heritage of federal significance, the first monumental site in Lipetsk.

The obelisk to Peter I was installed on the descent of Rozhdestvenskaya Gora (now Petrovsky descent) in 1839 at the expense of the St. Petersburg first guild merchant N.M. Nebuchenov, who had Lipetsk roots. There is the inscription in the center of the pedestal: «To the unforgettable everywhere and in all matters, to the great father of the Motherland, Emperor Peter the Great, the founder of our city, who indicated here new curative sources and new means of the wealth of the people». According to one version, the three-sided pyramid of the monument symbolizes the stylized sail of the ship and indicates the direct involvement of Lipetsk in the creation of the Russian fleet.



ANCIENT USPENSKAYA CHURCH

Sample of architecture of federal value.

Ancient Uspenskaya Church is the oldest one in Lipetsk, and if you count the history of the city from the construction of the Lipsky iron plants in 1703, it is older than the city itself.

Volumetric and spatial composition of the Church and the architectural decor go back to the stylistic forms of the Naryshkin baroque of the late 17th - early 18th centuries.

Ancient Uspenskaya Church is located in the most picturesque corner of the city, called «Monastery». Currently, it is the main church of the Uspenskiy Monastery founded in 2003.



ZNAMENSKAYA CHURCH IN THE VILLAGE OF VESHALOVKA, LIPETSK REGION

Sample of architecture of federal value.

Znamenskaya Church is a unique religious building of the end of the XVIII century, which has no analogues in Russian architecture. Built in 1768-1784 by the guard's cavalry captain Ya. A. Tatishchev - the son of the favorite batman of Emperor Peter I, designed by Vasily Bazhenov. One of the few realized projects of this period by Bazhenov, in which the ingenuity and vivid imagination of the great architect were fully expressed.

MANORS OF THE NOBILITY

SAMPLES OF ARCHITECTURE
OF THE XVIII - XIX CENTURIES
IN THE TERRITORY OF LIPETSK REGION



*THERE WERE...
MANORS LIVING ON A
GRAND SCALE WITH
A HUGE ESTATE, A
GARDEN... SOME OF
THESE ESTATES HAVE
SURVIVED TO THIS
DAY, BUT THEY HAVE
NO LIFE IN THEM
ALREADY...*



*I. A. Bunin
«Antonov apples»*

Rare in beauty and historical significance, THE ESTATE COMPLEX IS LOCATED IN THE VILLAGE OF POLIBINO, DANKOVSKIY DISTRICT.

Until today, the manor house in the style of classicism, built at the end of the XVIII century, has been preserved. According to some data, according to the project by V.I. Bazhenov. The brick walls of the facades in combination with the white stone create a rich color range, characteristic for the palace house rather than the ordinary estate of a provincial landowner.

Near the house, there is the main attraction of the estate - the water tower of the hyperboloid structure of the outstanding Russian engineer V. G. Shukhov. This masterpiece of engineering with the height of 45 meters with a reservoir of 9,500 buckets of water on the openwork construction of long products is visible from several kilometers. The Polibinskaya Tower, whose "sister" at the industrial exhibition in Nizhny Novgorod in 1896 was compared to the Eiffel tower, supplied



the manor and the garden with water.

At one time, the first museum of the history of the Battle of Kulikovo was established on the estate, where L. N. Tolstoy, I. E. Repin.

IN THE VILLAGE OF SKORNYAKOVO, ZADONSKY DISTRICT, THERE IS A MANOR COMPLEX - a site of regional importance from the first half of the 19th century.

An excellent example of mature classicism is the stone church of Michael the Archangel, completed in 1812.

In the northern part of the estate, there have been preserved a cattle yard. A single-storey structure in the form of a closed square towered up



to two floors in the corners and in the middle part over the main passage with an arena inside. Laid out of limestone blocks with a modest architectural decor,

Its main buildings were erected in the late XVIII - early XIX centuries. The stone three-storey palace was built by M. V. Muromtsev, a favorite of Empress Catherine II. According to a legend, Catherine the Great stayed at Balovnevo for several weeks, leaving amazon, boots and gloves as a memory to its owners, which were carefully kept in the study room of the palace until the revolution.

Water tower, built in the 1880's in the style of the «English Gothic», with its

most valuable monument of classicism in the province.

In 1790, a wooden manor house was built in THE MANOR OF RYAZANKA, CHAPLYGINSKY DISTRICT in which an outstanding traveler, geographer, entomologist, botanist, statistician, public and statesman Petr Petrovich Semenov was born on January 2, 1827 (since 1906, bearing the name of Semenov-Tyan-Shansky).

Semyonov House was a real cultural center for the entire neighborhood. Theatrical figures, artists from both capitals often came to Ryazanka. All the novelties of literature, fresh newspapers and magazines were delivered here.

In 1997, a museum was opened in the main manor house. On an area of more than 500 square meters, there is located an exposure, telling about the life and work of Peter Petrovich Semenov-Tian-Shansky and other representatives of the family.

The Semenov House in Ryazanka is practically the only preserved wooden manor house of the first half of the 19th century in the Lipetsk region.

➤ ACCORDING TO A LEGEND, CATHERINE THE GREAT STAYED AT BALOVNEVO FOR SEVERAL WEEKS

it evokes the image of a medieval fortress with watchtowers and is an outstanding architectural site.

The remarkable MANOR COMPLEX was partially preserved IN THE VILLAGE OF BALOVNEVO, DANKOVSKY DISTRICT.

graceful silhouette is beautifully inscribed in the landscape surrounding the manor buildings of the vast park. In the central part of the estate, the entrance gates are reminiscent of the former grandeur, with an arch in red brick style forms of classicism with elements of white-stone decor.

The Vladimir Church has also been preserved - a true masterpiece of architecture, more resembling the majestic cathedrals of Western Europe. A number of researchers call the author of the project all the same V. I. Bazhenov. Immaculate in terms of the proportions of architectural volumes and individual architectural details, the temple is the



LEADING INSTITUTIONS OF LIPETSK HEALTHCARE OFFER THE GUESTS OF THE CITY AND REGION A WIDE RANGE OF MEDICAL SERVICES: FROM COMPLEX HIGH-TECH SURGICAL INTERVENTIONS TO SANATORIUM-RESORT TREATMENT AND REST WITH THE STATE GUARANTEE OF SAFETY AND QUALITY OF ALL PROCEDURES. THE VAST MAJORITY OF HOSPITALS REPRESENTED HERE ARE READY TO PROVIDE ACCOMMODATION OF PATIENTS DURING THE PERIOD OF TREATMENT AND REHABILITATION IN WARDS HIGH LEVEL OF COMFORT AT VERY REASONABLE PRICES.

MEDICAL INSTITUTIONS

PUBLIC HEALTH CARE INSTITUTION
«LIPETSK REGIONAL CLINICAL HOSPITAL»

PUBLIC HEALTH CARE INSTITUTION «LIPETSK CITY
MEDICAL EMERGENCY HOSPITAL NO. 1»

PUBLIC HEALTH CARE INSTITUTION
«REGIONAL HOSPITAL NO. 2»

PUBLIC HEALTH CARE INSTITUTION
«LIPETSK REGIONAL ONCOLOGIC DISPENSARY»

PUBLIC HEALTH CARE INSTITUTION «LIPETSK
REGIONAL VENEREAL DISEASES DISPENSARY»

PUBLIC HEALTH CARE INSTITUTION
«REGIONAL DENTAL CLINIC – THE DENTAL CENTER»

AUTONOMOUS PUBLIC HEALTH CARE INSTITUTION
«LIPETSK CITY DENTAL CLINIC №1»

AUTONOMOUS PUBLIC HEALTH CARE INSTITUTION
«LIPETSK CITY DENTAL CLINIC №2»

PUBLIC HEALTH CARE INSTITUTION
«LIPETSK REGIONAL PERINATAL CENTER»

PUBLIC HEALTH CARE INSTITUTION
«REGIONAL CHILDREN'S HOSPITAL»

STATE THERAPEUTIC AND RESORT FACILITY «MECHTA»,
LIPETSK REGIONAL CHILDREN'S SANATORIUM

PUBLIC HEALTH CARE INSTITUTION
«LIPETSK CITY CHILDREN'S HOSPITAL»

PUBLIC HEALTH CARE INSTITUTION

«LIPETSK REGIONAL ONCOLOGIC DISPENSARY»



TODAY LIPETSK REGIONAL ONCOLOGIC DISPENSARY OCCUPIES THE LEADING POSITION AMONG THE REGIONAL INSTITUTIONS OF THIS TYPE. IN FACT, THIS IS A SPECIALIZED MULTIFUNCTIONAL CENTER, WHERE COMPREHENSIVE PROGRAMS ARE REALIZED FOR THE TIMELY AND HIGHLY ACCURATE DIAGNOSTIC OF THE TUMOR DISEASES, THE ALL ACTUAL TYPES OF MEDICAL CARE ARE AVAILABLE TO THE PATIENTS WITH VARIOUS FORMS OF CANCER PATHOLOGY. THE TREATMENT EFFICACY RATE IN THE FORM OF THE FIVE-YEAR SURVIVAL RATE OF THE PATIENTS UNDERGOING THE TREATMENT AT LIPETSK REGIONAL ONCOLOGIC DISPENSARY IS HIGHER THAN THE AVERAGE RATE IN THE RUSSIAN FEDERATION.

DIAGNOSTIC CAPABILITIES

ENDOSCOPY

The endoscopy department is equipped with the high-precision equipment of the latest generation of the expert class with the functions of the narrow-spectrum endoscopy with the magnification and autofluorescence to study the changes in the mucosa in order to detect the early forms of cancer and suspicious mucosal areas in relation to neoplastic changes.



THERE ARE CONTRAINDICATIONS. SPECIALIST CONSULTATION IS NECESSARY



THE ENDOSCOPIC ULTRASONOGRAPHY

provides the possibility of the simultaneous endoscopic and ultrasound examination of the walls of the hollow organs and surrounding anatomical structures. Allows you to accurately assess the depth of invasion of the tumor and the boundaries of the affect. The resulting mucosal image of the Endo-Ultrasound scan provides a detailed picture of changes in the vascular pattern of tissues characteristic of precancerous conditions and early forms of cancer.

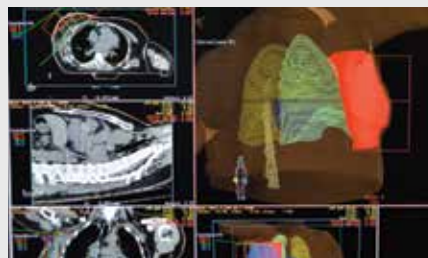
THE FINE-NEEDLE BIOPSY

is the only authentic non-surgical method for the early diagnostic of cancer, including the thyroid nodules. The selection of tumor cells or lymph nodes for the histological or cytological examination is performed during the endoscopic procedure under ultrasound control. The accuracy of the diagnosis is 93-95%.

X-RAY DIAGNOSTICS

THE X-RAY CT SCANNER OF THE LATEST GENERATION IS INSTALLED IN THE RADIOLOGY DEPARTMENT.

IF NECESSARY, THE PATIENT CAN BE REFERRED TO THE «NUCLEAR MEDICINE CENTER», LOCATED DIRECTLY ON THE TERRITORY OF THE LIPETSK REGIONAL ONCOLOGIC DISPENSARY, FOR THE EXAMINATION BY THE POSITRON EMISSION TOMOGRAPHIC SCANNER. PET AND CT DIAGNOSTICS IS ABLE TO DETECT THE CANCEROUS TUMORS AT THE EARLIEST STAGES OF THEIR DEVELOPMENT, TO DETERMINE HOW FAR THE TUMOR HAS SPREAD, WHAT IS CRUCIAL IN THE SPECIFYING DIAGNOSTICS, IN THE PLANNING OF TREATMENT AND IN THE MONITORING ITS EFFECTIVENESS.



NONINVASIVE TREATMENT

The specialists of the Lipetsk Regional Oncologic Dispensary in the field of the radiation therapy conduct the unique high-tech procedures based on the latest scientific research data, using the high precision equipment.

The 3D conformal radiation therapy (the form of the irradiated volume is as close as possible to the form of the tumor) allows to minimize the irradiation of healthy



tissues, surrounding the tumor, thereby reducing the risk of radiation complications.

IMRT is a modern and innovative method of radiotherapy. The point is that the irradiation, depending on the data of the computed tomography, is modulated in its intensity. The advantage of this method of the

radiation that is directed to the particular area of the tumor.

SURGERY

The priority of the surgical departments is the performance



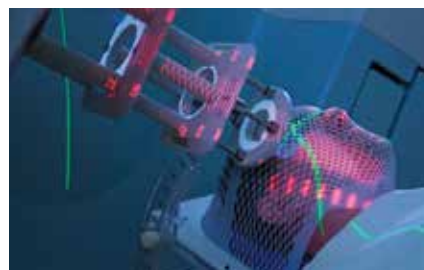
The both single-stage and delayed reconstruction of the mammary gland after the radical mastectomy for the breast cancer have been introduced into clinical practice, including the breast endoprosthesis replacement and correcting surgery on the breast. The methodology for searching and biopsy of the sentinel lymph nodes has been formed and applied, which makes it possible to get away from the excessive surgical dissection of lymphatic collectors, and to carry out the operation in a more benign mode for the patient.

THE PRIORITY

OF THE SURGICAL DEPARTMENTS IS THE PERFORMANCE OF THE ORGAN-PRESERVING AND THE RECONSTRUCTIVE-RESTORATIVE OPERATIONS

irradiation is that it allows us to accurately determine the dose of

of the organ-preserving and the reconstructive-restorative operations.



THE PRICING INFORMATION
FOR CERTAIN TYPES OF THE PAID SERVICES AND WORKS PROVIDED
(PERFORMED) BY PUBLIC HEALTH CARE INSTITUTION
«LIPETSK REGIONAL ONCOLOGIC DISPENSARY»

THE PRICES ARE VALID AT THE TIME OF PUBLICATION

NAME OF SERVICE



THE ENDOSONOGRAPHIC STUDY
of the trachea and bronchial tubes

51 USD

THE STOMACH ENDOSONOGRAPHY

37 USD

THE REMOTE RADIATION THERAPY
for the soft tissue lesions (on the outpatient basis for 5 days)
on the device **Linear Accelerator «Clinac»**

119 USD

THE REMOTE RADIATION THERAPY
for the breast tumors using the individual formative or fixative
devices (on the outpatient basis for 20 days)
on the device **Linear Accelerator «Clinac»**

254 USD

THE REMOTE RADIATION THERAPY
at the medical electron accelerators of the tumors of the
female genital organs (on the outpatient basis for 20 days)
on the device **Linear Accelerator «Clinac»**

356 USD

THE MAMMOPLASTY

454 USD



LIPETSK CITY, ADMIRAL MAKAROVA STREET, POSSESSION 1E



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Deputy Chief Medical Officer:

+7(4742) 42-50-87



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+7(4742) 31-40-48

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PUBLIC HEALTH CARE INSTITUTION «LIPETSK
CITY MEDICAL EMERGENCY HOSPITAL NO. 1»

+7(4742) 50-02-01
+7(4742) 32-14-13

Lipetsk City, Kosmonavtov Street, 39

PUBLIC HEALTH CARE INSTITUTION
«REGIONAL HOSPITAL NO. 2»

+7(4742) 55-53-90

Lipetsk City, Lenina Street, 35

PUBLIC HEALTH CARE INSTITUTION
«LIPETSK REGIONAL ONCOLOGIC DISPENSARY»

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+7(4742) 42-50-87

Lipetsk City, Admiral Makarova
Street, possession 1e

PUBLIC HEALTH CARE INSTITUTION
«LIPETSK REGIONAL VENEREAL DISEASES
DISPENSARY»

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+7(4742) 33-55-53
+7(4742) 25-10-35

Lipetsk City, Marina Raskova
Street, 18

PUBLIC HEALTH CARE INSTITUTION
«REGIONAL DENTAL CLINIC – THE DENTAL
CENTER»

+7(4742) 36-13-40
+7(4742) 36-11-52

Lipetsk City, Tsiolkovsky Street, 22

AUTONOMOUS PUBLIC HEALTH CARE
INSTITUTION «LIPETSK CITY DENTAL
CLINIC NO. 1»

+7(4742) 41-54-72
+7(4742) 41-54-92

Lipetsk City, Petra Smorodina
Street, 2

AUTONOMOUS PUBLIC HEALTH CARE
INSTITUTION «LIPETSK CITY DENTAL
CLINIC NO. 2»

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PUBLIC HEALTH CARE INSTITUTION «LIPETSK
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PUBLIC HEALTH CARE INSTITUTION «REGIONAL
CHILDREN'S HOSPITAL»

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«MECHTA» LIPETSK REGIONAL CHILDREN'S
SANATORIUM

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+7(4742) 55-33-94

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LEADING EXPERTS OF OUR CLINICS ARE CONFIDENT AS FOLLOWS:

The basis of the MODERN APPROACH TO TREATMENT TECHNIQUES is the understanding that, in the most general terms, HUMAN HEALTH is a HARMONIOUS COMBINATION OF PHYSICAL, MENTAL AND PSYCHOLOGICAL HEALTH. To achieve a balance between these components, IT IS IMPORTANT TO KNOW that each of the above aspects provides the MAXIMUM EFFECT only IN COMBINATION WITH OTHERS. And the term "healthy lifestyle" implies, first of all, the ABILITY TO HEAR AND

UNDERSTAND YOUR BODY, the ability to decipher its signals in time and accurately.

A UNIQUE MIX of the latest achievements of genetic and anti-aging medicine, oriental practices, an INDIVIDUAL APPROACH to each guest, ranging from choosing a treatment program to a specially designed menu for each day — this attitude will bribe even the most demanding customer to help him take a FRESH LOOK AT SOME THINGS and LEARN TO ENJOY EVERY MOMENT OF LIFE.



